

## Spring Grocery List #5 (does not include side dish suggestions)

Garlic Shrimp Pasta \* Southwestern Steak Salad \* Hashbrown Casserole  
Tortellini Spinach & Tomato Soup \*

### Produce

- 1 bunch green onions (*Sour Cream Enchiladas*)
- 3 onions (*Garlic Shrimp Pasta, Southwestern Steak Salad, Tortellini Spinach & Tomato Soup*)
- garlic (*Garlic Shrimp Pasta, Tortellini Spinach & Tomato Soup*)
- 2 ears corn (unless getting canned)  
(*Southwestern Steak Salad*)
- 1 pint cherry tomatoes (*Southwestern Steak Salad*)
- 1 avocado (*Southwestern Steak Salad*)
- 1 lime (*Southwestern Steak Salad*)

### Meat, Poultry, & Fish

- 1½ lbs shrimp (*Garlic Shrimp Pasta*)
- 1 lb. flank steak (*Southwestern Steak Salad*)
- 1 lb. Lean ground beef (*Sour Cream Enchiladas*)

### Dairy

- butter (*Garlic Shrimp Pasta*)
- 3 oz part-skim mozzarella cheese (*Garlic Shrimp Pasta*)
- 12 oz reduced-fat sharp cheddar cheese  
(*Hashbrown Casserole, Sour Cream Enchiladas*)
- 4 oz Parmesan cheese (*Garlic Shrimp Pasta, Tortellini Spinach & Tomato Soup*)
- 12 oz skim milk (*Hashbrown Casserole, Sour Cream Enchiladas*)
- 1 (9oz) pkg. fresh tortellini (*Tortellini Spinach & Tomato Soup*)
- 8 oz sour cream (*Sour Cream Enchiladas*)

### Breads & Tortillas

- 8 tortillas (8") (*Sour Cream Enchiladas*)

### Pasta, Rice, & Legumes

- 1 lb spaghetti (*Garlic Shrimp Pasta*)

### Baking Aisle

- olive oil
- flour (*Sour Cream Enchiladas*)

### Frozen

- 30 oz frozen hash browns (*Hashbrown Casserole*)
- 10 oz frozen chopped spinach (*Tortellini Spinach & Tomato Soup*)

### Canned

- 1 (15oz) can diced tomatoes (*Tortellini Spinach & Tomato Soup*)

### Soups and Packaged Mixes

- 1 can cream of mushroom soup (*Hashbrown Casserole*)
- 1 can cream of chicken soup (*Hashbrown Casserole*)
- chicken bouillon granules (*Tortellini Spinach & Tomato Soup, Sour Cream Enchiladas*)

### Spices and seasonings

- black pepper
- salt
- sea salt (*Tortellini Spinach & Tomato Soup*)
- chili powder (*Sour Cream Enchiladas*)
- ground cumin (*Sour Cream Enchiladas*)
- onion powder (*Tortellini Spinach & Tomato Soup*)
- garlic powder (*Tortellini Spinach & Tomato Soup*)
- garlic seasoned salt (*Garlic Shrimp Pasta*)
- lemon pepper seasoning (*Garlic Shrimp Pasta*)
- paprika (*Garlic Shrimp Pasta*)
- Italian seasoning (*Garlic Shrimp Pasta*)
- garlic salt (*Garlic Shrimp Pasta*)
- chipotle seasoning (*Southwestern Steak Salad*)

### Mexican

- 1 (7oz) can diced green chilies (*Sour Cream Enchiladas*)