

## Fall Grocery List #29 (does not include side dish suggestions)

*Japanese Noodles \* Cilantro Lime Chicken Salad Wraps \* Steak Tampiquena  
Honey Garlic Pork Chops \* Tomato Baguette Pizza*

### Produce

- 1 red bell pepper (*Japanese Noodles*)
- 3 carrots (*Japanese Noodles*)
- 2 small onions (*Japanese Noodles, Steak Tampiquena*)
- 1 medium onion (*Tomato Baguette Pizza*)
- garlic
- 1 bunch green onions (*Japanese Noodles*)
- cilantro (*Cilantro Lime Chicken Salad Wraps*)
- 1 lime (*Cilantro Lime Chicken Salad Wraps*)
- 1 cucumber (*Cilantro Lime Chicken Salad Wraps*)
- 4 tomatoes (*Cilantro Lime Chicken Salad Wraps, Tomato Baguette Pizza*)
- 2 Roma tomatoes (*Steak Tampiquena*)
- 8 oz sliced fresh mushrooms (*Tomato Baguette Pizza*)
- fresh basil leaves (*Tomato Baguette Pizza*)

### Meat, Poultry, & Fish

- 2 boneless chicken breast halves (*Japanese Noodles*)
- 2 quality cuts of steak (1 lb. each), about 1/2" - 3/4" thick (*Steak Tampiquena*)
- 6 boneless pork chops (*Honey Garlic Pork Chops*)

### Dairy

- 4 oz Monterey Jack cheese (*Steak Tampiquena*)
- 6 oz part-skim mozzarella cheese (*Tomato Baguette Pizza*)

### Breads and Tortillas

- 4 (10 inch) tortillas (*Cilantro Lime Chicken Salad Wraps*)
- 1 French bread baguette (10-12 oz) (*Tomato Baguette Pizza*)

### Baking Aisle

- olive oil
- honey (*Honey Garlic Pork Chops*)

### Canned

- 1 (12 oz) can chunk white chicken (*Cilantro Lime Chicken Salad Wraps*)

### Spices and seasonings

- Pepper
- red pepper flakes (*Japanese Noodles*)
- sesame seeds (*Japanese Noodles*)
- oregano (*Cilantro Lime Chicken Salad Wraps*)
- Seasoning salt (*Steak Tampiquena*)
- Italian seasoning (*Tomato Baguette Pizza*)
- garlic salt (*Tomato Baguette Pizza*)

### Asian

- 12 oz Japanese noodles (or chow mein or spaghetti noodles) (*Japanese Noodles*)
- soy sauce (*Japanese Noodles, Honey Garlic Pork Chops*)
- teriyaki sauce (*Japanese Noodles*)

### Mexican

- 1 (7oz) can whole roasted green chilies (*Steak Tampiquena*)