

Spring Grocery List #2 (does not include side dish suggestions)

*Chicken & Cheesy Potatoes * Balsamic Pork Chops * Kielbasa Lime Chili
French Dip Roast * Shrimp Linguine*

Produce

lemon juice (*Shrimp Linguine*)
lime juice (*Kielbasa Lime Chili, Shrimp Linguine*)
1 bunch green onions, sliced (optional) (*Kielbasa Lime Chili*)
4 oz fresh snow peas (*Shrimp Linguine*)
1 bunch green onions (*Shrimp Linguine*)
parsley (*Shrimp Linguine*)
garlic (*Shrimp Linguine*)

Meat, Poultry, & Fish

3 boneless chicken breast halves (*Chicken & Cheesy Potatoes*)
4 cooked, smoked pork chops (*Balsamic Pork Chops*)
12 oz turkey kielbasa (*Kielbasa Lime Chili*)
1 rump roast (*French Dip Roast*)
1 lb medium shrimp, shelled and deveined (*Shrimp Linguine*)

Dairy

4 oz reduced fat sharp cheddar cheese (*Chicken & Cheesy Potatoes*)
6 oz skim milk (*Chicken & Cheesy Potatoes*)

Pasta, Rice, & Legumes

8 oz linguine (*Shrimp Linguine*)

Breads and Tortillas

Hoagie rolls (optional) (*French Dip Roast*)

Frozen

1 (16oz) pkg frozen French cut green beans (*Balsamic Pork Chops*)

Canned

2 (15oz) cans chili beans in sauce (*Kielbasa Lime Chili*)

Soups and Packaged Mixes

1 pkg. Julienne potatoes mix (*Chicken & Cheesy Potatoes*)
beef bouillon granules (*French Dip Roast*)

Spices and seasonings

pepper
dried parsley (*Chicken & Cheesy Potatoes*)
ground sage (*Balsamic Pork Chops*)
thyme leaves (*French Dip Roast*)
bay leaves (*French Dip Roast, Shrimp Linguine*)
peppercorns (*French Dip Roast*)
garlic powder (*French Dip Roast*)
basil (*Shrimp Linguine*)
Lemon pepper (*Shrimp Linguine*)

Condiments

balsamic vinegar (*Balsamic Pork Chops*)

Asian

soy sauce (*French Dip Roast*)

Mexican

12 oz salsa (*Kielbasa Lime Chili*)

Non-Food Items

dry white wine (*Shrimp Linguine*)